

MENTAL HEALTH THERAPY

Now Available at Dallas County Hospital

MOSAIC Family Counseling Center, Inc has partnered with Dallas County Hospital to provide outpatient mental health services at the hospital.

Dallas County Hospital staff can submit a referral and patients can self-refer by scanning the QR code and completing the referral form. Patients can also call Mosaic Family Counseling Center at 515-724-8920 and let them know you would like to see a therapist at Dallas County Hospital.



Michaela Gibson
LMHCp
MOSAIC Family Counseling Center, Inc.
Master of Arts; Clinical Mental Health Counseling

Michaela is a provisionally licensed mental health counselor who earned her Master of Arts in Clinical Mental Health Counseling from Northwestern College (Iowa) in May 2024.

Michaela utilizes Cognitive Behavior Therapy, Dialectical Behavior Therapy, Solution-Focused Therapy, Narrative Therapy, Person-Centered Therapy, Christian-based and Systemic approaches. She aims to create a warm, welcoming atmosphere in which clients can show up exactly as they are every session.

Michaela looks forward to working with individuals of all ages and concerns but is especially passionate about issues such as stress and anxiety, depression, self-esteem, and body image.

Michaela accepts the following insurances: Wellmark BC/BS plans, Optum/United Healthcare, UMR, Medica, Iowa Medicaid plans, Claimdoc, Crime Victim Assistance, and self-pay.



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