



# PARENTING CLASSES

(IN PERSON)

These parenting classes are for new parents, parents sharing custody, parents of all ages, formerly incarcerated parents, and adults in parenting roles.

Life Skills ◦ Communication ◦ Coping Strategies  
Personal Development ◦ Relationships ◦ Values

## Wednesdays

September 8, 15, 22, 29

October 6, 13, 20

5:00 pm - 7:00 pm

Join our certified facilitators for conversation, activities, and support to help navigate raising children in all kinds of families

- Registration Required
- In person Classes
- Meals Provided

Click [Here](#) or scan the QR code to register by  
Monday, September 6

Questions: 515-697-7700  
[info@evelynkdaviscenter.org](mailto:info@evelynkdaviscenter.org)



Evelyn K. Davis Center  
FOR WORKING FAMILIES

**DMACC**  
DES MOINES AREA  
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Life's Calling™

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