



LISHE

LISHE IS A FREE, VIRTUAL LACTATION SUPPORT GROUP FOR FAMILIES WHO IDENTIFY AS PART OF THE BLACK/AFRICAN DIASPORA AND ARE CHOOSING TO PROVIDE HUMAN MILK TO THEIR YOUNG CHILD

**MEETS VIRTUALLY
1ST TUESDAY OF
EACH MONTH
*JULY MEETS 2ND
TUESDAY**

REGISTER:



WWW.IOWABLACKDOULAS.COM/PROGRAMS



**Iowa
Black
Doula**
Collective

