

Register for an Upcoming Learning Opportunity



Trauma-Informed Support for Supervisors

Professional Learning Series for Supervisors and Those Who Manage Employees

Register for Any or All Webinars in Series

If Registering for All Events in the Series, Use Code 'TRAUMAINFORMED' for a Discount on Each Event

DEC 3
12PM

Reactive to Reflective and Responsive Management

In high-stress situations, management often defaults to reactive decision-making, which can lead to unintended consequences. This session is designed to help leaders shift from a reactive approach to one that is reflective and responsive. Participants will explore the underlying factors that drive reactive behaviors and learn strategies to cultivate mindfulness and self-awareness, enabling more thoughtful decision-making.

JAN 7
12PM

Attuned Management: Cultivating Connection in Management

Building stronger relationships with employees helps them feel safe, valued, and understood, creating the foundation for them to perform at their best. In this session, participants will explore the science of attunement and develop skills to connect with and respond to the diverse needs of their team members. By the end of the session, attendees will be equipped with strategies to foster a more engaged workforce.

FEB 4
12PM

Trauma Informed Supervision of Employees

Explore the principles of trauma-informed supervision and the application in leading and supporting teams. This course will provide supervisors with tools and strategies to recognize and respond to the impact of trauma on employees, fostering a safe and supportive work environment. Participants will learn how to integrate trauma-informed practices into their supervisory roles, promoting resilience, enhancing communication, and reducing the risk of secondary trauma among employees.

MAR 4
12PM

Trauma Informed Workplace Policies

Creating formal policies and procedures grounded in trauma-informed principles demonstrates a commitment to sustaining a trauma-informed approach. Organizational policies should incorporate six principles and four key assumptions of a trauma-informed approach. Participants will explore strategies for developing trauma-informed policies, in collaboration with individuals who have lived experiences of trauma, that promote the wellbeing and safety of both employees and families.



Increase employee engagement and retention

Enhance employee wellbeing and productivity

Foster a supportive and empathetic work environment

Improve team dynamics and build trust

Build a positive organizational culture

Support legal and ethical compliance